

Claims

1. A cosmetic comprising the following components (A) and (B):

(A) L-ascorbic acid 2-phosphate sodium salt,

5 (B) one or more compounds selected from the group comprising arginine, urea, and triethanolamine,

wherein the mass ratio of (A):(B) is 1:0.001 to 0.5.

2. The cosmetic according to claim 1 further comprising a component (C)

10 zinc oxide or a salt which produces an alkali metal ion in water, wherein the mass ratio of (A):(C) is 1:0.001 to 1.

15 3. The cosmetic according to claim 1 or claim 2 comprising 0.001 to 20 mass% of the component (A).

4. The cosmetic according to any one of claims 1 to 3, wherein the component (B) comprises arginine and urea.

20 5. The cosmetic according to any one of claims 2 to 4, wherein the salt which produces an alkali metal ion in water of the component (C) is potassium chloride or sodium chloride.

25 6. The cosmetic according to any one of claims 1 to 5 used as an aqueous cosmetic or emulsion cosmetic.

7. The cosmetic according to any one of claims 1 to 6 having a pH of 7 to 9.

8. The cosmetic according to any one of claims 1 to 7 used as a skin lightening cosmetic or anti-aging cosmetic.